



Greater Cincinnati Behavioral Health Services

# MINDFUL MATTERS

IN THIS ISSUE WE ARE HIGHLIGHTING OVERDOSE AWARENESS AND RECOVERY MONTH.

On August 31st, Greater Cincinnati Behavioral Health Services' (GCBHS) clients and staff were invited to Great American Ballpark to recognize Overdose Awareness Day. GCBHS joined Recovery Ohio and other like-minded organizations to honor those who were no longer with us and to celebrate that **Recovery is Possible!**

GCBHS invited to Great American Ballpark to shine light on

## Overdose Awareness

One of the most exciting moments happened before the game when two of GCBHS' clients were selected to throw out the first pitch. They also mingled on the field with Gapper and Rosie Red. You can read more about Abby and Earl on page 3.

GCBHS was also invited to set up a table in the fan zone where we passed out bracelets and ribbons that celebrated the night's theme of recovery. Being at the game was important to many of our staff and clients who are actually in recovery and living proof that it is possible. "I am so proud to be a part of celebrating recovery," said Peer Outreach Specialist Erica Parks. "People need to know that being trained in how to use Narcan is not just for those who suffer from severe addiction. With Fentanyl being found in everything from edible gummies to fake ADHD medications, I don't want young people to make a mistake that could cost them their life."

In addition to being able to celebrate recovery and educate Reds (and Cardinals) fans, our staff was also thrilled when our section was shown on the jumbo-tron!



GCBHS Staff at Great American Ballpark



Earl throws the first pitch to Abby.



Clermont County SUD Teams, along with Public Health, passed out information about Overdose Awareness.



## Overdose Awareness Events

Overdose Awareness Day has been commemorated on August 31st since 2001. The day helps raise awareness to the lives lost due to overdoses in the United States and around the world. This year our substance use disorder teams attended events the last weekend of the month at Fountain Square, as well as the Wal-Mart in Eastgate, and at an event sponsored by the Addiction Services Council.



# RENEW SUPPORT FOR MENTAL HEALTH

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# 988

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Centralized mental health system access point connecting Hamilton County residents with the appropriate service providers.

### JUST THE FACTS

The Mental Health and Recovery Services Board coordinates critical crisis mental health services at a low cost to taxpayers. **THE LEVY IS A RENEWAL OF AN EXISTING LEVY WITH A MODEST INCREASE TO 3.37 MILLS — ONLY \$1.10/ MONTH FOR EVERY \$100,000** of appraised property value. To meet the growing demand for mental health treatment and to maintain service levels that the community has come to expect a **FUNDING INCREASE IS NECESSARY**, particularly as we recover from the pandemic.

### BY THE NUMBERS

**61% of HAMILTON COUNTY**  
Mental Health & Recovery Services revenue relies on levy dollars.

**26,000+**  
**HAMILTON COUNTY RESIDENTS SERVED ANNUALLY**

**\$1.10\* A MONTH**  
provides \$10 million in local funding to maintain critical mental health services in Hamilton County.

[votementalhealth.com](http://votementalhealth.com)



Hamilton County SUD Peers attended an event in O'Bryonville.

# National Night Out

Greater Cincinnati Behavioral Health Services staff attended National Night Out ceremonies the first week in August.

This annual community event allows people to meet their first responders in-person and find out about community resources that are available.



Locations ranged from O'Bryonville, to Batavia, Union Township, and Williamsburg.

## Catching up with Abby and Earl

Abby and Earl are GCBHS clients who were selected to throw out the first pitch at Overdose Awareness Night at Great American Ballpark.



If Abby and Earl look familiar it might be that you viewed their stories in two videos that we released in the spring and fall of 2021. Abby is a resident in one of our recovery houses and Earl was actually living on the streets when he first met staff at GCBHS.

Abby is still living in our women's recovery house in Clermont County but working toward getting her own place. She currently works in an office in Milford and her company paid for her co-workers to attend the Reds game in support of her catching the first pitch!

Our team helped Earl get an apartment before Thanksgiving of last year. Prior to that staff took him to an employment fair where he was hired by the concessions group at GABP. Earl is still working at the ballpark and earlier this year he received a promotion. Because of this, he seemed like the natural choice when the Reds honored us with the first pitch on the 31st.

If you haven't seen our videos about Abby or Earl, we invite you to check out and subscribe to our [YouTube page: GCBHS](#)

GREATER CINCINNATI  
BEHAVIORAL HEALTH SERVICES

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#LIFEchanging

Greater Cincinnati



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## GREATER CINCINNATI BEHAVIORAL HEALTH SERVICES



# Building Careers & Changing Lives!

**Greater Cincinnati Behavioral Health Services** helps people with their mental health, addictions, and other related challenges. We are currently looking for people to join our life-changing team. Whether you have a high school diploma or a college degree, if you want to change people's lives and make a difference in our community we have a place for you here.

**JOIN OUR #LifeChanging TEAM!** For complete job listing go to: [gcbhs.com/careers](http://gcbhs.com/careers)



**VOTED TOP WORKPLACE IN CINCINNATI FOR 13 YEARS IN A ROW!**